

Matthew Pifer M.D., M.S.

Board certified Orthopaedic surgeon specializing in the shoulder, knee, sports medicine, arthroscopy, biological treatments, and general Orthopaedic care.

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Practice in Orthopaedic Surgery

July 2018 - Present	Orthopedic Surgical Practice of Santa Barbara	Santa Barbara, CA
Oct 2016 - June 2018	The Spine and Orthopedic Center	Santa Barbara, CA
July 2014 - Sept 2016	Orthopaedic Specialists of Wilkes (under Carolinas Healthcare System)	Wilkesboro, NC

Post Graduate Education and Training

2013-2014	Fellowship - Orthopaedic Sports Medicine (ACGME Accredited) Kaiser Permanente Hospital Systems	San Diego, CA
2008-2013	Internship/Residency - Orthopaedic Surgery Oakland University William Beaumont School of Medicine	Royal Oak, MI

Education

2004-2008	Doctor of Medicine Case Western Reserve University School of Medicine	Cleveland, OH
2002-2005	Masters of Science in Applied Anatomy Case Western Reserve University School of Medicine	Cleveland, OH
1997-2002	Bachelor of Science – Double Major in Biology & Chemistry Ashland University	Ashland, OH

Medical Licenses

Medical Board of California Physician and Surgeon	ID# A124936	Status: Active
California Department of Public health Fluoroscopy X-Ray Supervisor and Operator	ID# RHC00200044	Status: Active
DEA Controlled Substance	ID# FP3821293	Status: Active
NPI	ID# 1336302231	Status: Active

Board Certification

The American Board of Orthopaedic Surgery (ABOS)	Part 1	Passed	May 2013
The American Board of Orthopaedic Surgery (ABOS)	Part 2	Passed	July 2016

Professional Society Memberships

2016-Present	California Medical Association
2011-Present	Arthroscopy Association of North America (AANA) - Associate Member

2008-Present American Academy of Orthopaedic Surgeons (AAOS) - Associate Member
2004-Present American Medical Association

Honors/Awards

Orthopaedic Practice

2017 Super Doctors Magazine - Southern California Rising Stars 2018 List

Case Western Reserve School of Medicine

2005 Herbert S. Steuer Memorial Award for Work in Anatomy

Ashland University

2000-2001 NCAA Football, GLIAC Academic All-Conference

1998, 2000 Dave Williams Science Award

1999-2002 Fred M. Martinelli Scholarship

1997-2002 Academic Achievement Scholarship

1997-2002 Beta Beta Beta, National Biology Honorary

Athletic Honors/Awards

NCAA Football: Ashland University

Team Record Holder: 3rd All time leading scorer

Team Record Holder: 2nd All time field goals in career

Special Teams Player of the Year 2001

NCAA DII Don Hansen Preseason All-American 2001

NCAA DII National Player of the Week Nov 2000

GLIAC Conference Player of the Week: Sep 1999, Nov 2000, Nov 2001

GLIAC 1st Team All-Conference: 2000, 2nd Team 2001

Team Coverage Experience

2018-Present **High School Football:** Physician to Dos Pueblos Football Team Santa Barbara, CA

2017-Present **College Football:** Physician to Santa Barbara Community College Football Team Santa Barbara, CA

2016-Present **College Physicals:** All Sports, Santa Barbara City College Santa Barbara, CA

2013 **College Football:** Physician to Southwestern College Football Team Chula Vista, CA

2013 **High School Football:** Primary Physician to Chula Vista Football Team Chula Vista, CA

2010-2012 **NFL: Detroit Lions:** Training room and preseason physicals Detroit, MI

2010-2012 **High School Football:** Coverage for 7 regional teams in Detroit area. Detroit, MI

Leadership Positions

2017-Present Member of Cottage Hospital Orthopedic and Spine Co-Management Group Santa Barbara, CA

2016 Head of Orthopaedic Surgical Department for Wilkes Regional Hospital Wilkesboro, NC

2015 Physician representative for Hospital IT steering committee for Wilkes Regional Medical Center Wilkesboro, NC

2013 Clinical Anatomy instructor for medical students Royal Oak, MI
Oakwood University William Beaumont School of Medicine

2012-2013 American Academy of Orthopaedic Surgeons (AAOS) Resident Liaison Royal Oak, MI
William Beaumont Hospital Department of Orthopaedic Surgery

2009-2013 Applicant Review Committee Royal Oak, MI
William Beaumont Hospital Department of Orthopaedic Surgery

Institutional Review Board (IRB) Member

2018-Present Sport and Spine Rehab Clinical Research Foundation - <https://ssrehab.com/clinical-research-foundation/>

Research Publications

Topp R, Pifer M. A Preliminary Study Into the Effect of 2 Resistance Training Modes on Proprioception of Subjects with Knee Osteoarthritis. *Journal of Performance Health*. 2017. 1(1): 26-38, DOI:10.25036/jphr2017.1.1.topp
<http://www.performancehealthresearch.com/article/1803>

Anakwenze OA, Pifer MA, Singh A. Clavicle stress fracture after reverse shoulder arthroplasty. *J Shoulder Elbow Surg*. 2014 Jul;23(7):e170-2. doi: 10.1016/j.jse.2014.03.015. PMID:24929749

Pifer MA, Maerz T, Baker KC, Anderson K. Matrix Metalloproteinase Content and Activity in Low-Platelet, Low Leukocyte and High-Platelet, High-Leukocyte Platelet Rich Plasma (PRP) and the Biologic Response to PRP by Human Ligament Fibroblasts. *Am J Sports Med*. 2014 May;42(5):1211-8. doi: 10.1177/0363546514524710.Epub 2014 Mar 13.PMID: 24627579

Pifer M, Ashfaq K, Maerz T, Jackson A, Baker K, Anderson K. Intra- and interdisciplinary agreement in the rating of acromioclavicular joint dislocations. *Phys Sportsmed*. 2013 Nov;41(4):25-32. doi: 10.3810/psm.2013.11.2033. PMID: 24231594

Lynch JL, Pifer MA, Maerz T, Kurdziel MD, Davidson AA, Baker KC, Anderson K. The Graft Link ulnar collateral ligament reconstruction: biomechanical comparison with the docking technique in both kinematics and failure tests. *Am J Sports Med*. 2013 Oct;41(10):2278-87. doi: 10.1177/0363546513498999. Epub 2013 Aug 12. PMID:23940203

Pifer MA, Kibuule LK, Maerz T, Studzinski DM, Baker KC, Herkowitz HN. In vitro response of human chondrocytes to a combination of growth factors and a proteinase inhibitor. *Orthopedics*. 2012 Jan;35(1):35-42. PMID: 22229919

Joseph SM, Pifer MA, Przybylski RJ, Dubyak GR. Methylene ATP analogs as modulators of extracellular ATP metabolism and accumulation. *Br J Pharmacol*. 2004 Jun 21 PMID: 15210578

Ditmyer MM, Topp R, Pifer M. Prehabilitation in preparation for orthopaedic surgery. *Orthop Nurs*. 2002 Sep-Oct;21(5):43-51; quiz 52-4. Review. PMID: 12432699

Book Publications/Chapters

Scaglione, Nicholas. Lubowitz, James. Provencher, Matthew. *The Knee. AANA Advanced Arthroscopic Surgical Techniques*. SLACK Inc, 2016. **Chaper 12: Reconstruction of the MPFL For Instability.**

Reider, Bruce. Davis, George. Provencher, Matthew. *Orthopaedic Rehabilitation of the Athlete. Getting Back In the Game*. Saunders, 2015 **Chapter 28: Nonoperative Rehabilitation of Patellar Instability, Postoperative Rehabilitation after proximal realignment procedures and MPFL reconstruction.**

Conferences/Courses Attended

Sept 2018	Ossur Cartilage Expert Consensus International Meeting	Munich, Germany
Aug 2018	Denver Bone Marrow Concentrate Biologics Course	Denver, CO
May 2018	Arthroscopy Association of North America (AANA)	Chicago, IL
Apr 2018	Arthrex Orthopedic Technology and Innovation Forum (OTIF) West Coast	San Diego, CA
Jan 2018	Arthrex Orthopedic Technology and Innovation Forum (OTIF)	Bonita Spring, FL
Apr 2017	Arthrex Masters Shoulder Arthroplasty Course	Los Angeles, CA
Mar 2017	American Academy of Orthopaedic Surgeons Annual Meeting	San Diego, CA
Feb 2016	DePuy Synthes Anatomic to Shoulder Arthroplasty Course	Tampa, FL
Oct 2015	Arthrex Greenville Shoulder Symposium	Greenville, SC
Jun 2014	San Diego Shoulder Meeting	San Diego, CA
May 2014	Arthrex Fellows Course	Naples, FL
Mar 2014	American Academy of Orthopaedic Surgeons Annual Meeting	New Orleans, LA

Jun 2013	Michigan Orthopaedic Society Annual Scientific Conference	Mackinac Island, MI
May 2013	American Academy of Orthopaedic Surgeons Annual Meeting	Chicago, IL
Mar 2013	Stryker Resident Shoulder & Elbow Dissection Course	Tampa, FL
Sept 2012	Exactech Fellowship Course in Shoulder Arthroplasty	New York, NY
Jun 2012	Michigan Orthopaedic Society Annual Scientific Conference	Mackinac Island, MI
Jun 2011	Michigan Orthopaedic Society Annual Scientific Conference	Mackinac Island, MI
Mar 2011	AAOS/AOSSM Sports Medicine Course: Elite Athletes to Weekend Warriors	Vail, CO
Nov 2010	Stryker Advanced Nailing & MIPO Techniques Dissection Course	Phoenix, AZ
Jan 2010	AAOS/OTA Resident Trauma Course	San Diego, CA

Consulting Agreements

2017-Present	<i>Pure Sports Recovery</i>	-Evaluate and treat Orthopedic conditions for patients in a Neuroscience facility, the majority of which are retired professional athletes.
2017-Present	<i>Arthrex Inc.</i>	- Development of surgical instrumentation and techniques.
2017-Present	<i>Orthobullets.com</i>	- Co-author of website and development of surgical techniques and videos.
2017-Present	<i>InTouch Health Inc.</i>	- Medical systems consulting for application with telemedicine technology.

Entrepreneurial Endeavors

2017- Present	<i>Aurum Medical, Inc.</i>	- Medical consulting company	- Founder and president
2015- Present	<i>Kitrex, LLC</i>	- Medical device design company.	- Co-founder

Hobbies and Interests

Family, road and mountain biking, golf, movies, craft beer, strength and conditioning training.